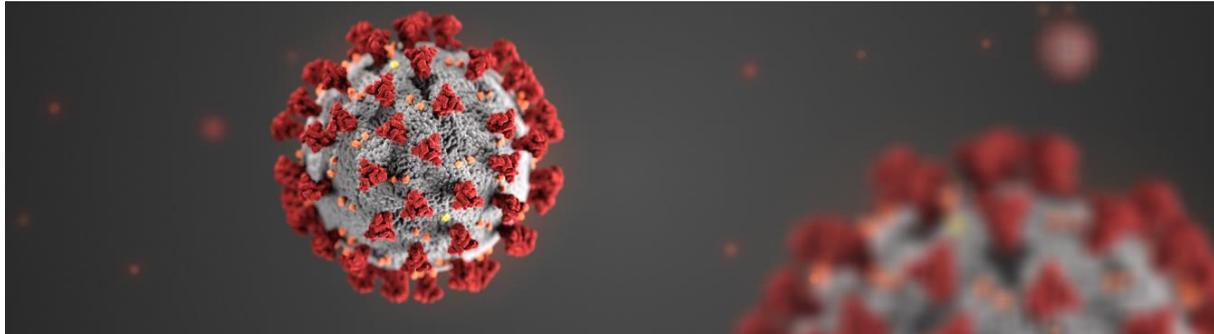


# COVID 19 and support for domestic abuse.



## Free confidential online help and advice

### Derbyshire Domestic Abuse Helpline

Helpline number: **08000 198 668**

Text Service: **07534 617252**

Email: [derbyshiredahelpline@theelmfoundation.org.uk](mailto:derbyshiredahelpline@theelmfoundation.org.uk)

### Useful National Websites:

[www.womensaid.org.uk](http://www.womensaid.org.uk) created a covid 19 safety pack for victims, offer an online chat service between 10 -12pm daily

[www.refuge.org.uk](http://www.refuge.org.uk) – also run the national helpline: **08082000247**

[www.mankind.org.uk](http://www.mankind.org.uk) supporting male victims

<https://loverspect.co.uk/> - created for younger victims by Women's aid

<https://respect.uk.net/> - charity supporting perpetrators to stop their abusive behaviour

- COVID19 is already having a devastating impact on victims of domestic abuse, services are running differently but support is there!
- Do not suffer alone, seek help and support via the above options.
- Look out for neighbours and friends.
- If in immediate danger call the police on **999**